

ΕΠΙΚΑΙΡΟΤΗΤΑ

Σελ 4,6,9 & 13

English Section 12-18

# «Μαύρη» Πρωτοχρονιά στη Γάζα με ανελέητους βομβαρδισμούς

- ▶ «Ο ΠΟΛΕΜΟΣ ΘΑ ΣΥΝΕΧΙΣΤΕΙ ΟΛΟΚΛΗΡΟ ΤΟ 2024 ΠΡΟΒΛΕΠΟΥΝ ΟΙ IDF»
- ▶ ΝΕΚΡΟΣ ΑΠΟ ΠΛΗΓΜΑ ΤΟΥ ΙΣΡΑΗΛ ΣΤΗ ΒΗΡΥΤΟ Ο ΔΕΥΤΕΡΟΣ ΣΤΗΝ ΙΕΡΑΡΧΙΑ ΤΗΣ ΧΑΜΑΣ
- ▶ 21.978 ΝΕΚΡΟΙ ΑΠΟ ΤΗΝ ΕΝΑΡΞΗ ΤΩΝ ΕΠΙΧΕΙΡΗΣΕΩΝ



## Ξεκληρίστηκε οικογένεια

Τετραπλό θανατηφόρο σημάδεψε την έλευση της νέας χρονιάς στη Λεμεσό. Το φοβερό τροχαίο στο οποίο έχασαν τη ζωή τους παππούς, γιαγιά και δύο εγγόνια...

σελ 6



## Πτώση αεροσκάφους

Στο μικροσκόπιο των ειδικών, βρίσκονται τα συντρίμια του εκπαιδευτικού αεροσκάφους που συνετρίβη το πρωί της περασμένης Τετάρτης στην Καλαμάτα...

σελ 7



## Παραγωγή Χαλλουμιού

Η παραγωγή χαλλουμιού ως προϊόν Προστατευόμενη Ονομασίας Προέλευσης βρίσκεται ουσιαστικά στον αέρα, με τους τυροκόμους...

σελ 6



## ΒΡΕΤΑΝΙΑ

σελ 5 & 13

Ξεκίνησε η εξαήμερη απεργία των ειδικευμένων γιατρών



## ΕΠΙΚΑΙΡΟΤΗΤΑ

σελ 9

Δύσκολες οι πρώτες μέρες του χρόνου για την Ιαπωνία



## ΠΟΛΙΤΙΚΗ

σελ 8

Συνέντευξη Γ.Γ. του ΑΚΕΛ Στέφανου Στεφάνου

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SPORT  
σελ 12

Turkish icon Fatih Terim announced as Panathinaikos coach

## Χριστουγεννιάτικη γιορτή για την ομάδα της «Παροικιακής»



Φωτογραφίες: Stavri Kay



Του Γιώργου  
Α Σάββα  
ΜΒΕ

που εργάζονται με ζήλο να κρατήσουν την μεγαλύτερη σε κυκλοφορία εφημερίδα που διαβάζουν οι μικροί και μεγάλοι της παροικίας στην Μεγάλη Βρετανία και ανά την υφήλιο.

Όπως ανέφερε με συγκίνηση ο Διευθυντής της Παροικιακής στη σύντομη του ομιλία κατά την διάρκεια της βραδιάς που έλαβε χώρα στο εστιατόριο «Καφέπεο» στο Southgate, είτε μεταξύ άλλων και τα εξής:

«Είναι με συγκίνηση που σας υποδέχομαι όλους και μεγάλη η τιμή μας που βρίσκεστε όλοι εδώ, είτε είστε οι βετεράνοι που παραδώσατε την σκυτάλη στους διαδόχους είτε είστε οι νέοι και νέες που γίνατε οικογένεια μιας εφημερίδας που χαίρει το σέβας και την υποστήριξη ολόκληρης της παροικίας. Χωρίς όλους εσάς και τους διαφημιστές, συνδρομητές και αναγνώστες, η εφημερίδα μας θα ήταν αδύνατο να συνεχίσει».

Πολύ σωστά τα λόγια του κου Πάμπου Χαραλάμπους διότι είναι η εφημερίδα της Παροικίας που οι δημοσιογράφοι με τόσο ζήλο, όλοι προσπαθούν να διαφωτίσουν την Παροικία γύρω από τον πολιτικό, πολιτιστικό κοινωνικό και αθλητικό τομέα με πλούσιο σε περιεχόμενο εφημερίδα και τις περισσότερες αποκλειστικές ειδήσεις και συνεντεύξεις. Πενήντα τόσα χρόνια

### Χρόνια Πολλά στην οικογένεια που ονομάζεται ΠΑΡΟΙΚΙΑΚΗ

Οι αφανείς ήρωες ή ακόμη και γνωστοί ήρωες της εφημερίδας ΠΑΡΟΙΚΙΑΚΗ έδωσαν το παρόν τους σε μία οικογενειακή Χριστουγεννιάτικη εκδήλωση που αφιέρωσε η εφημερίδα μας προς τους ακούραστους εργάτες, μισθωτούς ή εθελοντές

συνεχούς προσφοράς στη Παροικία που συνεχίζει να κρατά Θερμοπύλες, να προωθεί τα ήθη και έθιμα του τόπου μας, τις παραδόσεις των προγόνων μας, που δεν είναι ποτέ εύκολο και πολλές φορές κάτω από αντίξοες συνθήκες να συνεχίσει να προσφέρει ανεκτίμητες υπηρεσίες. Ακόμη δε, να προωθεί ότι καλό έχει να προσφέρει τόσο η Παροικία όσον κι η Κύπρος, να προωθεί τα προϊόντα μας, να προωθή τις επιχειρήσεις της Παροικίας και όχι μόνο.

Αυτοί όλοι οι συνεργάτες ήταν παρών κάτω από μια μαγική ατμόσφαιρα που ταπεινά αλλά με κρυφή περηφάνεια, έδωσαν το παρών τους. Ακόμη και αυτούς που δεν μπορούσαν να είναι παρών, ο κος Πάμπου Χαραλάμπους τους ευχαρίστησε όλους, παρόντες και απώντες για την όλη προσφορά τους.

Νοιώθω ευχαριστημένος έτσι ταπεινά να πω ότι είμαι ένα κομμάτι αυτής της μηχανής που αν δεν την ονομάζαμε «Παροικιακή» θα είχε το άλλο όνομα, το «Γεμάτη Ανθρωπιτιά».

Αν λείπει η ανθρωπιτιά τότε ούτε εφημερίδα θα ήταν. Δεν υπήρξε ποτέ εύκολο έργο το να εκδίδεις εφημερίδα, με όλη την αλήθεια και σέβας προς τον αναγνώστη. Η Παροικιακή τα έχει καταφέρει και τα δύο και βλέποντας όλους κατά τη προχθεσινή βραδιά μπορώ κάλλιστα να πληροφορηθώ ότι η Παροικιακή έχει ένα λαμπρό μέλλον διότι δημοσιεύει είναι με ειλικρίνεια και υπευθυνότητα.

Το άλλο σημαντικό που έχω προσέξει είναι το γεγονός ότι το προσωπικό τρέφει μεγάλο σέβας προς τον διευθυντή κων Πάμπου Χαραλάμπους. Για αυτό τον λόγο η εφημερίδα θα συνεχίσει να προοδεύει.

Αυτή είναι η οικογένεια της Παροικιακής που γνωρίζω για 50 τόσα χρόνια.

Ένα μεγάλο ευχαριστώ σε όλους και ένα εύγε σε όλους τους συνεργάτες, αρθρογράφους δημοσιογράφους, τους τεχνίτες του διαδικτύου και αυτούς που είτε βρέχει η χιονίζει κάνουν υπεράνθρωπες προσπάθειες ούτως ώστε να κυκλοφορήσει η εφημερίδα σε όλα τα σημεία πώλησης, πρατήρια, καταστήματα κτλ.

Αυτή είναι η ανεκτίμητη οικογένεια που ονομάζεται ΠΑΡΟΙΚΙΑΚΗ. Εύγε σε όλους!



**ΥΠΟΨΗΦΙΟΣ ΔΗΜΑΡΧΟΣ ΑΜΜΟΧΩΣΤΟΥ Ο ΔΡ. ΒΑΣΙΛΗΣ ΜΑΥΡΟΥ**

## Ανεξάρτητος Υποψήφιος που εμπνέει την εμπιστοσύνη των Αμμοχωστιανών



Έχουμε λάβει την παρακάτω ανακοίνωση.

Αγαπητοί μου Συμπολίτες Αμμοχωστιανοί,

Μετά από πολλή σκέψη και παροτρύνσεις από φίλους και συναγωνιστές αποφάσισα να διεκδικήσω το χρίσμα του Δημάρχου Αμμοχώστου ως ανεξάρτητος υποψήφιος.

Σύσσωμη η επιτροπή του Συνδέσμου Αμμοχώστου ΗΒ, σε πρόσφατη συνάντηση που είχα μαζί της και γνωρίζοντας, την σκληρή και ταυτόχρονα την αποδοτική μου δουλειά όλα αυτά τα χρόνια που μαζί επιτελούμε, με προέτρεψε όπως διεκδικήσω αυτό το αξίωμα.

Ο Δήμος Αμμοχώστου είναι ο πιο σημαντικός Δήμος της Κύπρου, στην παρούσα στιγμή, αλλά και ένας Δήμος με πολλές δυσκολίες, δεδομένης της πολιτικής κατάστασης.

Και αυτό γιατί στο θέμα της Αμμοχώστου όχι μόνο δεν έχουμε πετύχει βήματα προς τα εμπρός, αλλά βιώνουμε ολοένα και μεγαλύτερες προκλήσεις από την κατοχική Τουρκία.

Ως υποψήφιος Δήμαρχος Αμμοχώστου πιστεύω πως διαθέτω τα καλύτερα δυνατά χαρακτηριστικά για αυτήν τη θέση.

Ανεξάρτητος Υποψήφιος που εμπνέει εμπιστοσύνη σε όλα τα στρώματα των Αμμοχωστιανών. Έτοιμος να αγκαλιάσω και τους Συμπολίτες μου Αμμοχωστιανούς που αναγκάστηκαν λόγω προσφυγιάς να ζήσουν μακριά από την πατρίδα.

Γνώστης των προβλημάτων που αντιμετωπίζουν αυτοί αλλά και όλοι οι Αμμοχωστιανοί Πρόσφυγες.

Πρόσφυγας Αμμοχωστιανός. Έντιμος, Απλός και Προσιτός. Αξιοπίστητος, με δυνατή Προσωπική. Επιτυχημένος στην Ακαδημαϊκή πορεία,

με δύο Μεταπτυχιακά Διπλώματα, δυο Μάστερς και Διδακτορικό.

Με Εξαιρετική Επαγγελματική Καριέρα και Εθελοντική δουλειά για την Αμμόχωστο και την Κύπρο.

Διοικητικές Ικανότητες. Διοικητική πείρα στα Δημαρχιακά.

Έχοντας αποδεδειγμένη Αγωνιστικότητα, Τόλμη, Διεκδικητικότητα, Δυναμικότητα, Μαχητικότητα και Ηγετικό χάρισμα.

Διοργανωτής εκδηλώσεων για την Κύπρο στην Βρετανία με Βουλευτές Λόρδους και Πρέσβεις ξένων χωρών που εδρεύουν στο ΗΒ. Διοργανωτής Αντικατοχικών Εκδηλώσεων, Ειρηνικών Διαμαρτυριών όπως Πικετοφορίες έξω από το Βρετανικό Κοινοβούλιο και την Πρωθυπουργική κατοικία στο ΗΒ.

Πρώθηση Ψηφισμάτων με επιτυχία στο Βρε-

τανικό Κοινοβούλιο όπως και στο Συμβούλιο της Ευρώπης για την Αμμόχωστο και την Κύπρο.

Αποστολή Χιλιάδων Επιστολών σε Βουλευτές, Λόρδους και Πρέσβεις στο ΗΒ, και στο Ευρωπαϊκό Κοινοβούλιο.

Συναντήσεις με μέλη της Κυβέρνησης, Αντιπολίτευσης, Βουλευτές και Λόρδους για το θέμα της Αμμοχώστου και της Κύπρου.

Επιτυχής Προώθηση Αλλαγής στο Μανιφέστο του Εργατικού Κόμματος στο ΗΒ για το θέμα της Αμμοχώστου και της Κύπρου.

Ως άριστος γνώστης όλων των θεμάτων που αφορούν την αγαπημένη μας πόλη, και με πολύχρονη ιστορία συνεχών αγώνων για την Αμμόχωστο, είμαι έτοιμος για προώθηση Διπλωματικού Αγώνα και Καμπάνιας στο εξωτερικό για τα δίκαια των Αμμοχωστιανών.

Διαθέτω την επιτυχημένη πορεία και τις διπλωματικές δεξιότητες που απαιτούνται για να εκπροσωπήσω την πόλη μας με επιτυχία σε διεθνές επίπεδο.

Όραμά μου είναι να δω μια Αμμόχωστο Ελεύθερη! Χωρίς τον στρατό κατοχής και παράνομους έποικους. Κάτω από την διεθνώς αναγνωρισμένη κυβέρνηση της Κυπριακής Δημοκρατίας.

Μετά από αρκετά χρόνια στο ΗΒ και τώρα με βάση την Κύπρο σαν Δήμαρχος Αμμοχώστου θα εργαστώ για να Εμπνεύσω τους Συμπολίτες μου Αμμοχωστιανούς όπου και αν είναι η προσωρινή τους κατοικία είτε αυτή είναι στην Ελεύθερη Κύπρο η το εξωτερικό για να ενδύσουμε τις δυνάμεις μας και να διεκδικήσουμε Δυναμικά την Επιστροφή στην Πόλη του Ευαγόρα.

**Δρ. Βασίλης Μαύρου**

## 3η Ετήσια Χριστουγεννιάτικη Συναυλία της Ι. Αρχιεπισκοπής



Φωτογραφίες: **Jessy Papassava** και **Αλέξιος Γεννάρης**

Τη Δευτέρα, 18 Δεκεμβρίου 2023, η Ι. Αρχιεπισκοπή Θυατείρων και Μεγάλης Βρετανίας φιλοξένησε την 3η Ετήσια Χριστουγεννιάτικη Συναυλία και Εορταστική Προεόρτια Δεξίωση, που χορηγήθηκε γενναιόδωρα από το Ίδρυμα Χρήστος Λαζαρή, στον ιστορικό και φιλόξενο Καθεδρικό Ναό Αγίας Σοφίας Λονδίνου. Ο Σεβασμιώτατος Αρχιεπίσκοπος κ. Νικήτας άνοιξε τη βραδιά με σύντομη προσευχή, ευχαριστώντας τον Θεό και τους χορηγούς του εορτασμού, ενθαρρύνοντας όλους να προετοιμαστούν πνευματικά για τη Μεγάλη Εορτή των Χριστουγέννων.

Ο Πανοσιολογιώτατος Αρχιμανδρίτης κ. Νήφων Τιμαλής, Πρωτοσύγκελλος, στον εναρκτήριο χαιρετισμό του ανέφερε: «Αυτή η εποχή, υπό τη φωτισμένη καθοδήγηση του Αρχιεπισκόπου κ. Νι-

κήτα, έχει σηματοδοτήσει ένα νέο κεφάλαιο για την Αρχιεπισκοπή μας. Ένα κεφάλαιο που χαρακτηρίζεται από πνεύμα αποδοχής όλων των ανθρώπων, δέσμευση για ενίσχυση των φιλανθρωπικών έργων, επανευαγγελισμό, σεβασμό προς τις παραδόσεις αλλά και εφαρμογή καινοτόμων μέσων εκκλησιαστικής διακονίας. Η σημερινή συναυλία είναι μια ακόμα υπέροχη προσθήκη σε αυτό το κεφάλαιο...»

Ο κ. Χρήστος Λαζαρή απευθύνθηκε επίσης σε όλους τους παρευρισκόμενους, εκ μέρους του οικογενειακού Ίδρυματος, λέγοντας: «Εκφράζουμε τη βαθιά μας ευγνωμοσύνη προς τον Σεβασμιώτατο Αρχιεπίσκοπο κ. Νικήτα και την Αρχιεπισκοπή, για τη διοργάνωση αυτής της συγκινητικής συναυλίας για τρίτη συνεχόμενη

χρονιά. Το γεγονός ότι αυτή η Χριστουγεννιάτικη Συναυλία έχει πλέον καθιερωθεί, μας γεμίζει με χαρά και υπερηφάνεια». Ο κ. Λαζαρή συνέχισε λέγοντας: «Από τα βήθη της καρδιάς μας, εκ μέρους του Ίδρυματος Χρήστος Λαζαρή, μεταφέρουμε τις θερμότερες ευχές μας για Χαρούμενα Χριστούγεννα. Ευχόμαστε το αποψινό πνεύμα προσφοράς να γεμίζει τις καρδιές σας και των αγαπημένων προσώπων σας με ζεστασιά. Καλά Χριστούγεννα».

Η συναυλία ολοκληρώθηκε με ψαλμωδία και πορεία προς την Κρύπτη του Καθεδρικού για τη χριστουγεννιάτικη δεξίωση, η οποία είχε ετοιμαστεί από το "Arapina Vegan Bakery of South London".

Αυτή τη χρονιά στην Χριστουγεννιάτικη Συναυλία συμμετείχαν τέσσερις χορωδίες: η Χορωδία της

Αγίας Σοφίας Λονδίνου, η Χορωδία της Αρχιεπισκοπικής Σχολής Βυζαντινής Μουσικής, η Χορωδία του Αγ. Ιακώβου του Αποστόλου (Sussex Gardens) και το Κουαρτέτο The Vespers Ensemble. Μεταξύ των παρευρισκόμενων ήταν οι Θεοφιλέστατοι Επίσκοποι Μελιτηνής κ. Μάξιμος και Κλαυδίου-πόλεως κ. Ιάκωβος, η Θεοφ. Επίσκοπος Λονδίνου κ. Dame Sarah Mullally, ο Θεοφ. Επίσκοπος Ρότσεστερ κ. Jonathan Gibb, ο Θεοφ. Επίσκοπος της Ουκρανικής Καθολικής Επισκοπής της Αγίας Οικογενείας κ. Κένεθ Νοβακόφσκι, ο Θεοφιλέστατος Επίσκοπος κ. Μάικ Ρόιαλ - Γενικός Γραμματέας CTE, ο Γενικός Πρόξενος της Κυπριακής Δημοκρατίας κ. Οδυσσέας Οδυσσέως και σχεδόν 400 παρευρισκόμενοι από διάφορα μέρη του Ηνωμένου Βασιλείου.



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«ΜΙΑ ΑΠΟ ΤΙΣ ΧΕΙΡΟΤΕΡΕΣ ΑΡΧΕΣ ΧΡΟΝΙΑΣ» ΠΟΥ ΕΧΕΙ ΓΝΩΡΙΣΕΙ ΤΟ ΕΘΝΙΚΟ ΣΥΣΤΗΜΑ ΥΓΕΙΑΣ ΤΗΣ ΒΡΕΤΑΝΙΑΣ

# Υγεία | Ξεκίνησε η εξαήμερη απεργία των ειδικευόμενων γιατρών

Οι ειδικευόμενοι γιατροί στην Αγγλία ξεκίνησαν χθες το πρωί απεργία που θα διαρκέσει έξι ημέρες, κάτι πρωτοφανές για το δημόσιο σύστημα υγείας της Βρετανίας το οποίο διέρχεται κρίση εδώ και μήνες.

Αυτός ο Ιανουάριος ενδέχεται να είναι «μία από τις χειρότερες αρχές χρονιάς» που έχει γνωρίσει το εθνικό σύστημα υγείας της Βρετανίας, προειδοποίησε ο Στίβεν Πόουις στέλεχος του NHS, ο οποίος όμως ζήτησε από τους ασθενείς να μην αποφύγουν να ζητήσουν βοήθεια το διάστημα της απεργίας.

Έπειτα από τρεις ημέρες απεργιακών κινητοποιήσεων πριν από τα Χριστούγεννα και πολλές άλλες στη διάρκεια των τελευταίων μηνών, οι ειδικευόμενοι γιατροί, που ζητούν μισθολογικές αυξήσεις, σκληραίνουν τη στάση τους καθώς δεν έχουν καταφέρει να καταλήξουν σε συμφωνία με τη βρετανική κυβέρνηση.

Η κινητοποίηση των ειδικευόμενων γιατρών, που είναι περίπου 70.000 στην Αγγλία, ξεκίνησε χθες Τετάρτη στις 07:00 και θα τερματιστεί την επόμενη Τρίτη την ίδια ώρα.

Η νέα απεργία πραγματοποιείται την ώρα που το NHS είναι αντιμετώπιζε με μαζικές αποχωρήσεις γιατρών, ενώ δεν είναι σε θέση να



Απορροφήσει τις τεράστιες λίστες αναμονής των ασθενών.

Στελέχη του Εθνικού Συστήματος Υγείας της Βρετανίας ανησυχούν για τις επιπτώσεις της απεργίας αυτής εν μέσω χειμερινής περιόδου, εξηγώντας ότι «θα προκληθούν προβλήματα σχεδόν στο σύνολο των υπηρεσιών», κυρίως στα έκτακτα περιστατικά.

«Η κινητοποίηση δεν θα έχει μόνο τεράστιες επιπτώσεις στην προγραμματισμένη παροχή φροντίδας, αλλά έρχεται να προστεθεί σε μια σειρά εποχιακών πιέσεων, όπως η covid, η γρίπη και οι απουσίες

προσωπικού λόγω ασθένειας», τόνισε ο Πόουις.

## Ακύρωση ραντεβού

Ένας ειδικευόμενος γιατρός κερδίζει περίπου 32.000 λίρες (37.000 ευρώ) κατά το πρώτο έτος της εργασίας του, σύμφωνα με τη βρετανική κυβέρνηση.

Σύμφωνα με τον Βρετανικό Ιατρικό Σύλλογο (BMA), που μετρά στις τάξεις του 46.000 ειδικευόμενους γιατρούς, οι μισθοί τους έχουν μειωθεί σχεδόν κατά ένα τέταρτο από το 2008, λαμβάνοντας υπόψη τον πληθωρισμό.

Η κυβέρνηση διαπραγματεύθηκε επί πέντε εβδομάδες το φθινόπωρο με τους ειδικευόμενους γιατρούς, σε μια προσπάθεια να αποκλιμακωθεί η κατάσταση ενόψει του χειμώνα. Στις αρχές Δεκεμβρίου τους πρότεινε αύξηση 3% επιπλέον του 8,8% κατά μέσο όρο στην οποία είχαν συμφωνήσει το καλοκαίρι.

Όμως για το συνδικάτο BMA, «η κυβέρνηση δεν εμφανίστηκε ικανή να παρουσιάσει μια αξιόπιστη πρόταση για τους μισθούς», υποβάλλοντας πρόταση που δεν αντισταθμίζει τη μείωση της αγοραστικής δύναμης.

## Καταιγίδα Χενκ | Εκατοντάδες προειδοποιήσεις για πλημμύρες

**Το Ηνωμένο Βασίλειο αντιμετωπίζει σημαντικά προβλήματα έπειτα από το πέρασμα της καταιγίδας Χενκ με εκατοντάδες προειδοποιήσεις για πλημμύρες, κλειστούς δρόμους, ακυρώσεις στα δρομολόγια των τρένων και χιλιάδες νοικοκυριά χωρίς ηλεκτροδότηση.**

Οι ισχυρότερες ριπές ανέμων καταγράφηκαν την Τρίτη, το απόγευμα στη νήσο Γουάιτ, στη νότια Αγγλία, όπου η ταχύτητα των ανέμων έφθασε τα 150 χιλιόμετρα την ώρα.

Από χθες το πρωί βρισκόνταν σε ισχύ περισσότερες από 300 προειδοποιήσεις για πλημμύρες σε όλη την Αγγλία και την Ουαλία.

**Σύμφωνα με την Ένωση Ενεργειακών Δικτύων, η οποία συγκεντρώνει δεδομένα από όλους τους παρόχους ηλεκτρικής ενέργειας, περίπου 10.000 πελάτες εξακολουθούν να είναι χωρίς ρεύμα.**

Η Εθνική Οδός, που διαχειρίζεται τους αυτοκινητόδρομους, ανακοίνωσε ότι αρκετοί μεγάλοι δρόμοι θα κλειδούν λόγω πλημμύρας. «Καθώς αναμένονται περαιτέρω βροχοπτώσεις σε πολλές περιοχές κατά τη διάρκεια της ημέρας, οι δρόμοι αναμένεται να παραμείνουν κλειστοί για αρκετές ώρες», ανέφερε.

Αρκετές σιδηροδρομικές εταιρείες έχουν προειδοποιήσει ότι θα υπάρξουν κυκλοφορικά προβλήματα.

**«Λόγω των ισχυρών ανέμων, τα δέντρα που έχουν πέσει στις γραμμές έχουν προκαλέσει ζημιές ή καθυστερήσεις στα τρένα σε πολλά σημεία του δικτύου μας», ανακοίνωσε σήμερα το πρωί η εταιρεία South Western Railway, η οποία αποφάσισε να αναστείλει τα δρομολόγια των τρένων «για αρκετές ώρες προκειμένου να εγγυηθεί την ασφάλεια» επιβατών και εργαζομένων.**

Το Ηνωμένο Βασίλειο, ιδιαίτερα η Σκωτία και η βόρεια Αγγλία, έχουν ήδη πληγεί στα τέλη Δεκεμβρίου από την καταιγίδα Γκέριτ. Οι σοροί τριών ανδρών βρέθηκαν παγιδευμένοι σε όχημα που εντοπίστηκε σε ποτάμι στη βόρεια Αγγλία.

**ΤΑ 10 ΘΕΡΜΟΤΕΡΑ ΕΤΗ ΚΑΤΑΓΡΑΦΗΚΑΝ ΟΛΑ ΤΟΝ 21Ο ΑΙΩΝΑ** | **ΝΕΑ ΠΕΡΙΟΡΙΣΤΙΚΑ ΜΕΤΡΑ ΓΙΑ ΤΗ ΜΕΤΑΝΑΣΤΕΥΣΗ**

## Κλιματική αλλαγή | Το 2023 2η θερμότερη χρονιά

Το ένα ρεκόρ ζέστης μετά το άλλο καταγράφει η Βρετανία. Σύμφωνα με ανακοίνωση της Μετεωρολογικής Υπηρεσίας της χώρας (Met Office) το 2023 είναι η δεύτερη θερμότερη χρονιά στα χρονικά, μετά το ρεκόρ ζεστής του 2022. Η ανακοίνωση αυτή επισημαίνει τον ολοένα και αυξανόμενο αντίκτυπο της κλιματικής αλλαγής, ο οποίος προκαλείται από την ανθρώπινη δραστηριότητα.



Οι προσωρινές μετρήσεις, κατέδειξαν πως η μέση θερμοκρασία των 9,97 βαθμών Κελσίου τον περασμένο χρόνο είναι ακριβώς κάτω από τους 10,03 βαθμούς του 2022, αλλά ξεπερνούν τους 9,88 βαθμούς Κελσίου του 2014.

Το 10 θερμότερα έτη στη Βρετανία καταγράφηκαν όλα τον 21ο αιώνα, από το 2003, και περισσότερα ρεκόρ αναμένεται να καταρριφθούν τα επόμενα χρόνια.

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## Εκπαίδευση | Περιορισμοί στη βίζα σπουδών

Τα νέα περιοριστικά μέτρα για τη μετανάστευση χτυπάνε τη μεγάλη «βιομηχανία» του Ηνωμένου Βασιλείου – την εκπαίδευση, η οποία κρατάει την 9η θέση στις βιομηχανίες της χώρας.

Από τον Ιανουάριο του 2024, οι διεθνείς φοιτητές στο Ηνωμένο Βασίλειο δεν θα μπορούν πλέον να φέρουν εξαρτώμενα άτομα με τη φοιτητική τους βίζα, εκτός εάν σπουδάζουν σε μεταπτυχιακό ερευνητικό πρόγραμμα. Επίσης, από τις 17 Ιουλίου οι ξένοι φοιτητές δεν επιτρέπεται πλέον να αλλάζουν σε βίζα εργασίας, εκτός εάν έχουν ολοκληρώσει τις σπουδές τους.



Ακόμη όμως και σε αυτή τη περίπτωση, εάν δηλαδή ολοκληρώσουν τις σπουδές τους και αποκτήσουν βίζα, σύμφωνα με τους νέους ισχύοντες κανόνες μετανάστευσης τα εξαρτώμενα άτομα κατόχων βίζας Εξειδικευμένου Εργαζόμενου θα πρέπει να υποβάλλουν αίτηση από τη χώρα καταγωγής τους.

πώση των εισακτέων από χώρες της ΕΕ που παραδοσιακά έστελναν μεγάλο αριθμό φοιτητών στο Ηνωμένο Βασίλειο. Ο αριθμός από τη Ρουμανία μειώνεται κατά 70%, την Πολωνία 66%, την Ελλάδα 66%, την Κύπρο 58%, τη Γερμανία 52% και την Ιταλία 51%.

Οι ξένοι φοιτητές με βίζα σπουδών μπορούν να εργάζονται μόνο 20 ώρες την εβδομάδα κατά τη διάρκεια του τριμήνου και περιοριστές ώρες κατά τις επίσημες περιόδους διακοπών.

Αιτία θεωρείται η αλλαγή των κανόνων μετά το Brexit, σύμφωνα με τους οποίους οι νέοι φοιτητές που φτάνουν από την ΕΕ για να ξεκινήσουν μαθήματα από τον Αύγουστο του 2021 και μετά γενικά δεν είναι πλέον επιλέξιμοι για το καθεστώς του «εγχώριου σπουδαστή», πράγμα που σημαίνει ότι πρέπει να πληρώσουν διεθνή διδάκτρα ενώ δεν πληρούν τις προϋποθέσεις για σπουδαστικά δάνεια. Οι σπουδαστές που ξεκίνησαν μαθήματα στις ή πριν από τις 31 Ιουλίου 2021 παραμένουν επιλέξιμοι για υποστήριξη για τη διάρκεια των σπουδών τους.

Το Εργατικό Κόμμα υποστηρίζει τους εξαγωγώμενους περιορισμούς της κυβέρνησης αν και κατηγορεί την κυβέρνηση ότι έχει «αποτύχει πλήρως να αντιμετωπίσουν τα προβλήματα δεξιοτήτων και της αγοράς εργασίας που υπονομεύουν την ανάπτυξη και αυξάνουν τη μετανάστευση» όπως δήλωσε η σκωδής υπουργός Εσωτερικών Υβέτ Κούπερ.

### Brexit

Το 2021/22 σημειώθηκε μεγάλη μείωση (40%) στις αιτήσεις για προπτυχιακές σπουδές στο Ηνωμένο Βασίλειο από χώρες της ΕΕ. Ο αριθμός των αιτούντων που έγιναν δεκτοί στην ΕΕ μειώθηκε κατά 50% μετά τις αλλαγές στις απαιτήσεις βίζας και στη χρηματοδότηση για αυτούς τους φοιτητές. Οι αιτήσεις της ΕΕ για το 2022/23 μειώθηκαν κατά 24% επιπλέον και η αποδοχή κατά 29% — στο χαμηλότερο επίπεδο τους από την αναδιοργάνωση του τομέα της τριτοβάθμιας εκπαίδευσης το 1994.

Από το 2016/17 (χρονιά Brexit) σημειώθηκε

Τον Σεπτέμβριο του 2021, το Πρόγραμμα Turing αντικατέστησε το πρόγραμμα Erasmus+ παρέχοντας χρηματοδότηση σε συμμετέχοντες σε πανεπιστήμια του Ηνωμένου Βασιλείου για να πραγματοποιήσουν διεθνείς σπουδές και τοποθετήσεις εργασίας. Η απόφαση να μην χρηματοδοτηθούν φοιτητές που έρχονται στο Ηνωμένο Βασίλειο ως μέρος του προγράμματος Turing έχει προκαλέσει ανησυχίες ότι θα μειωθούν οι διεθνείς φοιτητές και τα οφέλη που αποφέρουν στο Ηνωμένο Βασίλειο.





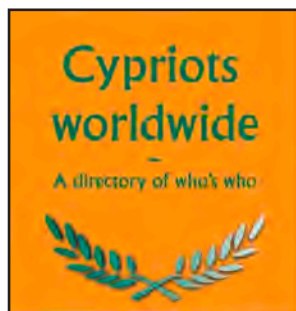












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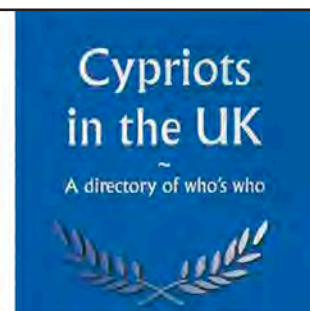
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## Turkish icon Fatih Terim announced as Panathinaikos coach



With January littered with derby matches and the European exit still fresh, it is argued that the managerial switch has been done to refresh the team ahead of their push for the championship in the second half of the season. It is therefore clear that the expectation on Mr Terim is to win the league, and his past achievements certainly attest he is capable of it.

The 70-year-old coach Fatih Terim has had an extensive career that has seen him achieve incredible results with Galatasaray and Turkey. Across his four stints as Galatasaray manager, he won eight league titles, three Turkish Cups, and most notably the UEFA Cup in 1999-2000 (now known as the Europa League).

Along with that, Terim also reached the semi-finals with Turkey at the Euros in 2008.

The club wished the best for Jovanovic in an official statement, claiming that the door will remain open for him in the future, while also welcoming Terim in a separate statement as he takes charge.

Jovanovic brought the Greens back to the heights it belonged at during his stint, and it is now up to Terim to take over the reins and finish the job the Serbian started in 2021.

Turkish icon Fatih Terim has been announced as the new coach for Panathinaikos, who shockingly sacked Ivan Jovanovic after two and a half years at the helm a surprising decision that has divided Panathinaikos supporters.

Jovanovic has been the club's most successful manager of the last decade and, arguably, one of its best in its history. During his tenure, Jovanovic guided the "Trifylli" to a Greek Cup victory in 2022, while leading them last season close to a league title since they last won it in the 2009-10 season. He also guided Panathinaikos into Europe for the first time since 2016/17 as well as keeping them in the title race for this term (currently sitting one point off first).

## Local and Community Football



A good start to the year for New Salamis in the Isthmian League rising up the table after beating Enfield 3-2.

New Salamis took the lead from Waight with an outrageous lob wasting no time in dinking the keeper after he catches him in no man's land!

Enfield evened it up with the number 9 Bates being released on the left hand side before placing his shot in the bottom right corner in the 38th minute.

Seemingly out of nowhere, just after the break, Josh Williams swings the ball in from the left hand side and Jackson hammers it home to give New Salamis the lead.

Enfield, in the 68th minute, equalised after a lapse in concentration, leaving Norman to head home. New Salamis finally broke through a rock solid defence from Enfield with a driving run from Lynch, who layed it off to Adu who then swung in a cross. Batzellis then hammered it home to put the Red's back in front!

St Panteleimon who play in the Spartan South Midlands League Premier had a good 3-2 away to Cockfosters.

The hosts, Cockfosters, started well taking the lead in the 33rd minute, when from a Thomson corner, found scorer Rookard smash home for Cockfosters.

St Panteleimon made no mistake when their midfielder scored and Cockfosters conceded against the run of play. Cockfosters retook the lead just before the break through Cory Ugbomah that took a deflection off the defender.

In the 75th minute, the Saints equalised from a corner then two minutes later, a penalty to St. Panteleimon who scored to give them a massive 3-2 win.

Two heavy defeats at home for Haringey Borough during the festive holidays losing to Hastag United 4-1 and to Carshalton Athletic 6-0.

Barnet chasing a promotion spot won both their games back to back home and away against Southend.

## Kourabiedes for Spurs manager Ange Postecoglou!



**Parikiaki's Michael Yiakoumi suprised Tottenham manager Ange Postecoglou with a gift of kourabiedes and melomakarona!**

Tottenham finished 2023 on a high with victory over an energetic Bournemouth in the Premier League at home.

Pape Sarr opened the scoring when Rodrigo Bentancur latched on to Neto's casual pass out from the back and the ball broke for Sarr, who drilled it into the far corner.

But the visitors lacked a clinical edge in the final third and Son Heung-min doubled his side's lead with a superb left-footed strike which went in off a post before Richarlison swept home to wrap up the points for Ange Postecoglou's side.

Alex Scott steered home a consolation goal but the Cherries are likely to wonder how they allowed



the scoreline to get away from them and leave London empty-handed. It marked a first defeat in eight games for Andoni Iraola's side.

Spurs remain fifth in the table - three points off top spot and one behind Arsenal in fourth Arsenal missed the chance to go top of the Premier League at new year with a disappointing defeat at Fulham.

Bukayo Saka put the Gunners ahead inside five minutes but Raul Jimenez equalised on his return from suspension, before Bobby Decordova-Reid scrambled home the winner.

This performance was the closing act of a dismal Christmas period for Mikel Arteta and Arsenal.

## Fixtures



### Thursday 4th January 2024

#### Emirates FA Cup Third round

Crystal Palace v Everton 20.00 ITV4

### Friday 5th January 2024

#### Emirates FA Cup Third Round

Brentford v Wolverhampton Wanderers 19.15

Fulham v Rotherham United 19.30

Tottenham Hotspur v Burnley 20.00 ITV1

### Saturday 6th January 2024

#### Emirates FA Cup Third Round

AFC Wimbledon v Ipswich Town 12.30

Millwall v Leicester City 12.30

Coventry City v Oxford United 12.30

Maidstone United v Stevenage 12.30

Sunderland v Newcastle United 12.45 ITV1

Stoke City v Brighton & Hove Albion 15.00

Norwich City v Bristol Rovers 15.00

Southampton v Walsall 15.00

Watford v Chesterfield 15.00

Blackburn Rovers v Cambridge United 15.00

Gillingham v Sheffield United 15.00

Queens Park Rangers v AFC Bournemouth 15.00

Plymouth Argyle v Sutton United 15.00

Newport County v Eastleigh 15.00

Hull City v Birmingham City 15.00

Sheffield Wednesday v Cardiff City 17.30

Middlesbrough v Aston Villa 17.30 BBC1

Swansea City v Morecambe 17.30

Chelsea v Preston North End 17.30 BBC Iplayer

### Vanarama National League

Altrincham v Barnet FC 15.00

### Isthmian League Premier

Haringey Borough v Canvey Island 15.00, White Hart Lane, London N17 7PJ

### Spartan South Midlands Premier

Milton Keynes Irish v St Panteleimon FC 15.00

### Cyprus Football

APOEL v Anorthosis

AEL v Apollon

### Sunday 7th January 2024

#### Emirates FA Cup Third Round

Luton Town v Bolton Wanderers 14.00

Shrewsbury Town v Wrexham 14.00 BBC Iplayer

West Ham United v Bristol City 14.00

West Bromwich Albion v Aldershot Town 14.00

Peterborough United v Leeds United 14.00

Nottingham Forest v Blackpool 14.00

Manchester City v Huddersfield Town 14.00 BBC Iplayer

Arsenal v Liverpool 16.30 BBC1

### Isthmian League North

New Salamis v Bury Town 15.00 White Hart Lane, N17 7PJ

### Cyprus Football

Karmiotissa v Ethnikos Achna

Nea Salamis v Othellos

Aris Limassol v Omonia Nicosia

### Greece Football

Volos NFC v Atromitos

Panserraikos v Kifisia

Panathinaikos v Panaitolikos

PAS Giannina v Asteras Tripolis

Aris v PAOK

Olympiakos v AEK Athens

### Monday 8th January 2024

#### Emirates FA Cup Third Round

Wigan Athletic v Manchester United ITV1

### Greece Football

OFI v Lamia

### Tuesday 9th January 2024

#### Carabao Cup Semi Final 1st Leg

Middlesbrough v Chelsea 20.00 Sky Sports

### Vanarama National League

Barnet v Dagenham and Redbridge 19.45pm The Hive, Camrose Avenue, Edgware HA8 6AG

### Spartan South Midlands Premier

Hayes and Yeading v St Panteleimon FC 17.45

### Wednesday 10th January 2024

#### Carabao Cup Semi Final 1st Leg

Liverpool v Fulham 20.00 Sky Sports

## Killing of Hamas deputy leader raises risk of war spreading



Israel killed Hamas deputy leader Saleh al-Aroui in a drone strike in Lebanon's capital Beirut on Tuesday, Lebanese and Palestinian security sources said, raising the potential risk of war in Gaza spreading well beyond the Palestinian enclave.

Aroui, 57, was the first senior Hamas political leader to be assassinated since Israel launched a shattering air and ground offensive against the group almost three months ago after its shock assault and rampage into Israeli towns.

Lebanon's heavily armed Hezbollah group, a Hamas ally, has been exchanging near-daily fire with Israel across Lebanon's southern border since the war in Gaza began in October.

Hezbollah leader Hassan Nasrallah has warned Israel against carrying out any assassinations on Lebanese soil, vowing a "severe reaction."

Hezbollah said on Tuesday it had targeted a group of Israeli soldiers in the vicinity of Marj with missiles, following Aroui's killing.

Israel has long accused Aroui of lethal attacks on its citizens, but a Hamas official said he was also "at the heart of negotiations" conducted by Qatar and Egypt over the outcome of the Gaza war and the release of Hamas-held Israeli hostages.

Israel neither confirmed nor denied carrying out the killing, but its military spokesperson Rear Admiral Daniel Hagari said Israeli forces were in a high state of readiness and prepared for any scenario.

"The most important thing to say tonight is that we are focused and remain focused on fighting Hamas," he said when asked

by a reporter about the reports of Aroui's killing.

Hundreds of Palestinians took to the streets of Ramallah and other towns in the West Bank to condemn Aroui's killing, chanting, "Revenge, revenge, Qassam!"

Meanwhile, the first UK maritime shipment of aid for Gaza, which was loaded on a Royal Navy ship in Cyprus, arrived in Egypt on Monday in what has been hailed as a "milestone" in the ongoing humanitarian efforts.

The shipment was delivered from Cyprus by Royal Fleet Auxiliary ship Lyme Bay, carrying almost 11,000 thermal blankets, nearly 5,000 shelter packs and medical supplies provided by the UK and the Republic of Cyprus.

From Port Said, the aid will be received by the Egyptian Red Crescent and will make its way to Al Arish and then through Rafah and into Gaza for distribution by UNRWA.

It follows a visit to Egypt from the Foreign Secretary to Al Arish on 21 December to meet with representatives from the Egyptian Red Crescent Society, who are coordinating the relief effort at the Rafah crossing, and the Defence Secretary's visit to Cyprus and Israel on 7 December to push for accelerated aid deliveries into Gaza.

A Foreign Office announcement said that "the UK will continue to explore other routes for

aid deliveries, including the Cypriot initiative for a maritime corridor between Cyprus and Israel/OPTs and supporting United Nations World Food Programme through the humanitarian land corridor from Jordan through Kerem Shalom."

London sources have noted that the UK-Cyprus partnership puts into operation a Cypriot initiative for a maritime corridor for aid for Gaza.

Discussions are ongoing about a maritime delivery route between Cyprus and Israel/OPTs, but Israel has not yet given permission for the ship to dock in Ashdod for onward transfer through Kerem Shalom and there are outstanding logistical and security issues with routes direct into Gaza.

Foreign Secretary Lord David Cameron said that his country is committed to supporting the people of Gaza.

"Significantly more aid needs to reach Gaza to alleviate the suffering of the Palestinian people. The UK will continue to work with our partners in the region to open more aid routes into Gaza, including through the proposed maritime corridor between Cyprus and Israel and the Occupied Palestinian Territories," he added.

Defence Secretary Grant Shapps said that this "maritime aid delivery, the first of its kind, is a significant milestone."

## Hunt to deliver budget in March as election looms



Chancellor Jeremy Hunt will present the spring budget on March 6, in what is likely to be the government's last major chance to prepare the ground for an election that must be held by January 2025.

Prime Minister Rishi Sunak's Conservatives are heavily trailing the main opposition Labour Party in the polls, but the country's weak economy and budget deficit mean Sunak and Hunt have little room for pre-election

giveaways.

Many Conservative lawmakers have called for fresh tax cuts in the run-up to the election to help win back voters, many of whom are indicating they want change after 13 years of Conservative government.

According to the latest opinion poll by Ipsos in December, support for the Conservatives stood at 24%, far behind the opposition Labour Party's 41%.

Hunt's budget statement on March 6 will include tax and spending plans as well as new growth and borrowing forecasts and government debt issuance for the 2024/25 financial year.

The Treasury Department announced the date on X on Wednesday, saying that Hunt had asked the country's Office for Budget Responsibility to prepare its forecasts for then.

Media reports in recent months have speculated the spring budget would contain new tax cuts, following on from breaks given to workers and businesses by Hunt in the autumn budget in November.

## Stewart to meet leaders ahead of briefing Security Council

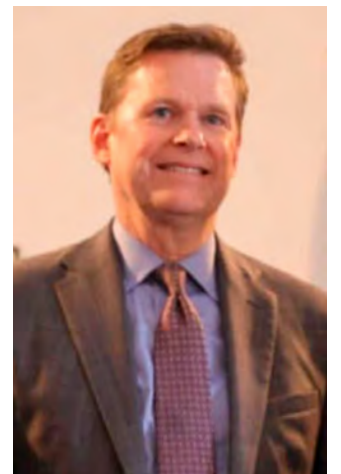
UN Special Representative on Cyprus Colin Stewart will be meeting with both President Nikos Christodoulides and Turkish Cypriot leader Ersin Tatar before departing for New York to inform the Security Council ahead of the peacekeeping force (UNFICYP) mandate renewal.

Stewart was expected to meet Tatar on Wednesday and Christodoulides on Thursday. He will then head to New York, where he will brief the security council and meet with the new United Nations Secretary-General envoy on Cyprus, Maria Angela Holguin Cuellar.

Government spokesman Konstantinos Letymbiotis told the Cyprus News Agency that the appointment is "imminent" with news expected soon.

The resolution renewing the mandate of the UN peacekeeping force in Cyprus (UNFICYP), which expires on January 31, 2024 is scheduled to be adopted on 30th January.

Stewart is to brief representatives of the countries contributing troops to UNFICYP, and the Security Council, in New



York on January 10.

The UN Secretary General's reports on UNFICYP and his Good Offices Mission in Cyprus were expected to be distributed to the Security Council members on Wednesday. A draft resolution will then be submitted and consultations will be held between the member states to agree on the final text of the resolution on January 17. The draft resolution is scheduled for adoption on 30th January.

UNFICYP arrived in Cyprus in March 1964 after inter-communal fighting broke out.

## Junior doctors begin longest ever strike in NHS history



Junior doctors in England began a six-day walkout on Wednesday, the longest strike in the National Health Service's (NHS) 75-year history which is set to hit patient care during its seasonal winter peak in demand.

The strike began on Wednesday

day (3 January) at 7am and will end at 7am on 9 January.

Health service executives have said the strike could mean "one of the most difficult starts to the year the NHS has ever faced."

Strikes will impact almost all routine care, with consultants covering as the NHS prioritises

urgent and emergency cases.

The British Medical Association (BMA) has said it was forced to take action and reject the government's December pay offer as it fails to compensate for real-terms pay cuts going as far back as 2008.

NHS Providers' chief executive of NHS Providers, Sir Julian Hartley, said the "unprecedented" action will lead to delays in care for thousands of patients, warning it "couldn't come at a worse time" while the NHS is in the "grip of peak winter pressure" across the entire system.

"Trusts have planned thoroughly to keep patients safe and to provide critical and emergency care but the scale of the challenge in an unprecedented six-day strike will be bigger than ever before," he added.

"We need a speedy resolution

to this dispute as we see the risk of industrial action by other staff returning in our health services."

Figures released last month showed more than 1.2 million appointments have had to be postponed because of industrial action in the NHS since it began in December 2022.

Strikes by junior doctors last month caused around 86,000 appointments to be put back.

Dr Rob Laurenson and Dr Vivek Trivedi, co-chairs of the BMA's Junior Doctors Committee, said on Tuesday evening that even "at this late hour" the government could've put forward a credible offer.

Exhausted and demoralised junior doctors are facing the brunt of underinvestment, high waiting lists and lack of resources, they added.

## Theresa Villiers MP calls for reduction in police red tape



Following a meeting in Parliament with the Police Federation, Theresa Villiers, MP for Barnet, has joined a group of MPs calling for data protection reforms to ensure police officers can spend more time on the beat.

When the police send a file to the Crown Prosecution Service (CPS), they are currently required to check every item of personal information to establish whether it is necessary

for the CPS to see it in order to decide whether to prosecute. If the police conclude that the information is not needed for a prosecution decision, it has to be blanked out.

This process of redacting personal data can be very time consuming. For example, take an incident attended by 10 police officers. As they arrive, they all turn on their body-worn cameras. They speak to a number of different people and film different aspects of the scene. They gather all sorts of other information, including CCTV and doorbell camera footage. They then have to consider each and every item of personal data when preparing the case for the CPS to consider, to decide whether the rules require it to be removed from the casefile.

It can take weeks to deal with just one incident, taking police away from the front line and placing significant pressure on resources. The Police Federation and the National Police Chiefs' Council estimate that the annual cost of redaction to the taxpayer is over £5.6 million. The police also have to carry out this process even when they know there isn't a strong chance of the case being taken forward. About 25% of cases that are submitted to the

CPS do not lead to charges being brought.

Theresa Villiers said, "I know that my constituents really want the police to be out preventing crime and tracking down criminals, not stuck in front of computers blanking out personal data. A relatively small and straightforward change in the law could free up millions of hours of police time."

"Alongside Conservative MP colleagues, I am calling for an amendment to the Data Protection and Digital Information (No.2) Bill which would allow police forces and the CPS to share unredacted data with one another when making a charging decision. The data would then only need to be checked and redacted if the CPS decide to charge the suspect.

"I hope that Ministers will listen to this campaign for change because it would free up the police to get on with tackling the issues which really worry people living in Barnet, like burglary and antisocial behaviour."

Theresa and her colleagues have written to Sir John Whittingdale MP, the Minister in charge of the data protection legislation under consideration in Parliament, to raise this issue with him and call for an amendment to be tabled. *Photo: Doros Partasides*

## Michael Anastassiades awarded an OBE



UK Cypriot Michael Anastassiades has been awarded an OBE in King Charles III's New Year Honours list. He received it for services to design.

Michael is a Cypriot-born, London-based designer whose practice encompasses product, spatial interventions and experimental works, often transcending the distinctions between different fields of creativity.

His practice contemplates both industrial production and artisan techniques. In doing so, it expands into a vivid, nuanced

balance between improvisation and structure, control and intuition.

With a career spanning more than 20 years, Michael has conceived lights, furniture and objects characterised by a poetic, yet rigorous interpretation of technology, materials and functions. His work draws inspiration from many sources, which he distils into pure, simple structures. From nature to archaic references of his native Cyprus, the history of Modernism, very personal memories, art and everyday life, he transforms a rich set of diverse references into a timeless vocabulary of form and structure.

The Michael Anastassiades Studio has collaborated with various manufacturers including Flos, B&B Italia, Herman Miller, Cassina, Molteni, Bang & Olufsen, Puiforcat, Fratelli Fantini, Gebrüder Thonet Vienna, Roda, Lobmeyr, Salvectori, Svenskt Tenn, Carl Auböck and Sigmar London, Coedition and SCP.

The Studio has also designed limited-edition collections for Nilufar Gallery in Milan, Dansk Møbelkunst Gallery in Copenhagen and Taka Ishii Gallery in Japan.

## St Demetrios Epiphany Lunch

St Demetrios Greek Orthodox Community invite you to attend the annual Epiphany Lunch following the Divine Liturgy and the blessing of the waters for the feast of the Epiphany of our Lord on Saturday 6th January 2024 from 2pm in the Church Community Hall, Logan Road, London N9 0LP. Tel: 020 8803 4411

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## Polis Loizou, an award-winning writer and performer



**P**olis Loizou is a novelist, playwright, filmmaker and performance storyteller. Born and raised in Cyprus, he moved to the UK in 2001. His debut novel *Disbanded Kingdom* was published by Cloud Lodge Books in 2018 and went on to be longlisted for the Polari First Book Prize.

**Growing up, did you always want to be a writer? And what has kept you writing, beyond**

**the first book?**

My dream was actually to be a writer-director for film. I studied film at university, made some shorts, and worked on the art departments of a couple of features. But these were long days with either too little or no pay, and I simply couldn't afford to pursue that dream.

I'd always written stories, and even wrote a "novel" when I was 15 that I've been trying to rework ever since, but I don't think I ever

believed, or envisioned, that I'd become a novelist! Writing books and fringe theatre shows (that I could stage myself) were, to be frank, the best ways to channel my creativity with almost no funds, on my own steam and in my own time, around work that pays the bills.

**Who is your favourite Cypriot writer, and why?**

To my shame, I was unaware of many Cypriot writers while growing up in the motherland! But I've since developed an admiration for poets like Kyriakos Charalambides and Michalis Pieris, and prose writers like Nora Nadjarian (I feel a bit biased here, as she taught me French, but she's exceptional). My favourite might be Anthony Anaxagorou, whose poems explore colonialism and the diaspora experience through inventive language and a contemporary lens. I love his style.

**What has inspired you, and carried on inspiring you, to write about Cyprus?**

Funnily enough, I never thought I would write about Cyprus. But as I grew up, I started looking back. The Brexit referendum was a catalyst in my exploration of my heritage. I've been living in the UK for 22 years now, and been able to form a new relationship

with my motherland from a distance. Cyprus is a fascinating place with such a rich heritage that mostly gets overlooked. Its history has many lessons to teach us, and the more I dig into its culture, the more precious material I unearth.

**How has your identity as a Greek Cypriot influenced the stories you have written?**

Being an immigrant lends a person a whole other perspective, not only on the society they've become part of, but the one they left behind. Couple that with being bi, I feel destined to be a "betwixt and between" writing about marginalised characters.

As a Cypriot growing up with a hard border between North and South, with half my family being refugees, I feel I also inherited some of that feeling of instability; the knowledge that things might change in an instant. My characters tend to be people who do what they can while being at the mercy of "fate" - be it luck, circumstance or bigger powers.

**Your novel, *A Good Year*, deals with themes of queerness in Cyprus. How did the writing/research of the novel differ from your debut, *Disbanded Kingdom*, in this regard, as the latter deals with similar**

**themes but in the UK?**

I wrote *A Good Year* during the first lockdown in 2020 - as you can imagine, research into Cypriot history of the 1920s was near-impossible, let alone the history of queerness! But I knew from my lived experience how hard it must have been for any non-heteronormative identities back then. In my lifetime, gay and bi men were being prescribed testosterone or exorcised by priests, so I could draw on real fear and anxiety to colour in my protagonist. This book's writing differed greatly from *Disbanded Kingdom* in that the latter was easier; I could write about contemporary life and queer experience without needing to look them up. Again, I could draw on my own feelings. It's not as if being queer in the UK is a walk in the park. Our rights are going backwards. In fact, we still have conversion therapy here whereas Cyprus has banned it.

**Cyprus has changed dramatically throughout its history. As a writer, how have you interpreted this in your work?**

I was aware of Aphroditus and their cult, so I liked the idea of ancient queer history resurfacing quite literally in *A Good Year*, with references to archaeological digs. Where I most explore the

changes in my country is in my second novel, *The Way It Breaks*. Through my cast of characters, I tried to invoke the island's history, myriad facets and contemporary psyche. I've just finished writing my fourth book, which delves deeper into Cyprus' changing history through a decade-spanning narrative dealing with occult beliefs. As I said, Cyprus is rich and offers a lot of material!

**There is a great tradition of storytelling in Cypriot culture. Are there any stories you heard growing up that have particularly stuck with you?**

Tales of the kalikantzari have stayed with me, and I can't look at Pentadaktulos without thinking of Akritas grabbing hold of it, or the Ayia Mavri church in Kilani without seeing that rock opening up.

I also love the tale of Hilarion, who came from Palestine to defeat the devils in the mountains. I reference that one quite a bit.

**What advice, writing or otherwise, would you give to young Cypriots today?**

Don't diminish yourself or your motherland. You are more than just one thing or the other. You're full of riches.

*Interview by Nicole Mousicos*



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# Theatre Reviews

Barney Efthimiou



## These sinners will rock your boat



**G**uys and Dolls (Bridge Theatre) is a musical (described as a 'musical fable of Broadway'), set during the Prohibition with music and lyrics by Frank Loesser and book by Abe Burrows and Jo Swerling, based on two short stories by Damon Runyon. It premiered on Broadway in 1950 and since then has had several Broadway and London revivals, as well as a 1955 film adaptation. The 1996 revival of Richard Eyre's multi-award-winning original show of 1982 was superb entertainment. However, this latest reimagining, directed by Nicholas Hytner and designed by Christie Bunnie, takes it to another level; an immersive production that is so all-consuming for cast and audience that it becomes more of an experiential event than theatrical production. Being audacious is one thing, but pulling it off in this way is a triumph of imagination and execution. You have the option of standing or sitting (I did both to get both perspectives), which requires stamina and resilience for a two-and-three-quarter hour show. Then again, time flies when you're having fun.

Musicals sell themselves on hit songs, sparkling choreography and visuals that will have you talking about the "wow factor". Hytner's production has all of that, but he also makes sure the narrative is cleverly and beautifully interwoven, so we are not just waiting for the next musical number. It burns slowly – we see a nervy Nathan Detroit trying to organise his latest "crap (dice) game" for all the big rollers who have hit town, including a very Big Jules from Chicago, looking for "action" – allowing the central characters to introduce themselves to us and their lives. So by the time we reach the end of the tale, we feel we know and understand how and why they got there. Christie meanwhile has created a set that at ground level looks like sectioned off spaces in a gym or dance studio, each area having a hydraulic life

of its own, raising and lowering when becoming the performance spot. Simple and incredibly effective, around which stand some of the audience, moved into place by ushers dressed as New York cops. As a result you become part of it rather than just an enthusiastic and excitable voyeur.

Being up close and personal in that way requires top notch performances and the central characters are just that. Daniel Mays, a very familiar face on TV, is a hyperkinetic Detroit, flitting from one mini crisis to another trying to sort the game while also soothing and placating the love of his life Adelaide, not enamoured with his behaviour or reticence to marry him. Adelaide is played by Marisha Wallace and her portrayal is the strongest that I have seen, both vocally and in personality. No longer the succumbing and fragile Adelaide but a woman who knows her mind and will not take crap from anyone. Funny, vivacious and charismatic, her performance is unforgettable. In a similar vein Celinde Schoenmaker's Sarah Brown is a woman of faith and fortitude, determined to 'save' the sinning reprobates (in her world the whole of this New York neighbourhood) until she is smitten by a new found love. An accomplished singer and actress her synergy with George Ioannides' Sky Masterson is beautifully nuanced, simmering gently until reaching a furnace of passion when they fly off to Havana (a wager he is determined to win) for a highly imaginative and crazy scene, where he is even enticed into a gay club to dance with a handsome Cuban *senor*. Ioannides is bang on the money as Masterson, a very natural and likeable performer with an excellent voice and plegmatic disposition perfectly pitched for Hytner's tweaked, and lightly adapted production.

The whole company excel, and Loesser's songs are pitch perfect in setting the scene while also

providing memorable melodies. The duets, *I'll Know and I've Never Been in Love Before* between Sarah and Sky are gorgeous, Adelaide's defiant *Take Back Your Mink* and the title song *Guys and Dolls* capture the two opposing but complimentary sides of the show. Which leaves us with a song that will go down in musical theatre history as one of the very best, the show-stopping *Sit Down You're Rockin' the Boat*, when Nicely-Nicely Johnson (Cedric Neal) professes his strong religious belief (not). Neal is superb in the role and his rendition of the song is pulsates with ironic conviction, resulting in two encores. The expressive choreography by Arlene Phillips with James Cousins is brilliantly adapted to the tight spaces. As if all that's not enough, after the ecstatic curtain call, and carrying the immersive feeling to the very end, you get a chance to dance with the cast. We may all be sinners, but this show will bring light and joy into tarnished lives and keep your boat rockin' for some time.

A different type of performance was given by the spectacularly dressed **Reuben Kaye** with **The Butch is Back** (Southbank Centre). Irreverent and outrageous this was like a throwback to the heady days of UK drag comedy cabaret... Lily, Regina and many more. Boisterous Kaye is an Aussie which probably gives him more freedom to bash the Brits which he did with gay abandon. To begin with he was acerbic and witty with jokes about the Royals and Catholics. Then it got political and delightfully lewd perching himself on the laps of a few stunned people as he simulated sex acts. It was all very over the top, at times very familiar and not particularly original. It is his unpredictability which works best, and he is adept at improvising and dealing with unwanted banter. One over enthusiastic member of the audience had to suffer the ignominy of a Kaye put down as she tried to indulge

in tit for tit catty dialogue. Kaye won't nail down. It was an enjoyable show if a little hit and miss – the live band are excellent, the choice of songs not – and when he switched from comedy to messages of protest and defiance it was too much agitprop rather than comical agitation. Nevertheless, it was terrific alternative festive entertainment and most of the audience loved him.

Meanwhile two of the team enjoy eclectic concerts from the Raymond Gubbay Christmas Festival...

Seasonal entertainment at **The Barbican** is always varied, offering up something for almost everyone and this year was no different. First up Marquinhos Havana... **Christmas with King's College Choir**, joined on stage by the Crouch End Festival Chorus, was an evening of musical vignettes that delighted throughout. The programme included Bach (part of the *Christmas Oratorio*), Humperdinck (*Hansel and Gretel Overture*) and several traditional carols. However, the pieces that left an indelible mark on my musical psyche was their mellifluous yet pulsating performance of Handel's *Hallelujah Chorus* from the *Messiah* and the absolutely euphonious version of *O Holy Night*.

Supported by the Philharmonia Orchestra, conducted by Daniel Hyde, live orchestral accompaniment makes an enormous difference, this was a concert to savour. I did, every single moment.

*Martine Galogerino* meanwhile is beholden to the work of a contemporary musical maestro. **The Best of John Williams** included pieces from several of his iconic film scores, music that you will hear people singing and humming in shopping malls and high streets all over the world. Can you blame them with so much choice. **The London Concert Orchestra** and their conductor Anthony Inglis played as though loving every minute of it. We had *Harry Potter*,

*Jurassic Park*, *Schindler's List*, *Hook* and *The Witches of Eastwick*, all played with gusto and superb technique. But the two that struck home strongest on the emotional chord were *Close Encounters of the Third Kind* and the inimitable *Star Wars*. The atmosphere in the audience when the latter was being played was a thrill to experience. I could visualise Obi Wan-Kenobi, Chewbacca, R2-D2 and friends. Wonderful childhood memories. The best of the best.

And *Tomas Grise* takes in a couple of classical gems... Continuing my St John's Smith Square odyssey I attended the **Westminster Abbey Christmas Concert**, part of the Christmas festival and what a joy the concert was. It took place at the Abbey which was a bonus (much as I like St John's) and began as so many do with a lone voice in the darkness singing the first verse of *Once in Royal David's City*. At this point the Abbey Choir were situated in the Quire, adding to the drama of the occasion. Several readings and carols followed ending with the delightful *Ding dong! merrily on high*. Benjamin Britten's *A Ceremony of Carols*, a piece for trebles and the harp, played beautifully by Sally Pryce, was outstanding. A wonderful event.

Finally, the **Orchestra of the Age of Enlightenment (OAE)** and the choir **Polyphony** collaborated for an extraordinary performance of the first part of Bach's Christmas Oratorio at St John's. It is a magnificent composition, but this was also a moving and ethereal experience as choir founder and conductor Stephen Layton breathed fresh life into a piece that has been heard by millions worldwide. The synergy between musicians and choir filled the beautiful Baroque church with a heavenly sound. The four soloists were high calibre singers, and I was particularly impressed by countertenor Hugh Cutting and tenor James Gilchrist. An appropriately festive ending for my first experience of the superb SJSS Christmas festival.

Finally, *Athasha Lyonnais* poses a question for the new year...

In 1964 Sir John Gielgud directed Richard Burton in Hamlet - Burton performed the role 137 times, breaking a record that Gielgud previously held himself. This is trivia - what a (Noel Coward Theatre) seeks to do is dig at the pathos

behind the performance. Burton, an intense stage actor who had just rocketed to household notoriety thanks to marrying the megafamous Elizabeth Taylor - directed by Gielgud - one of the original names in British theatre who saw cinema on the horizon and said 'not for me, darling;' his career, as a result, went kaput while his contemporary Laurence Olivier went supernova.

The tension, then, is what you might expect it to be; set-in-his ways thespian Gielgud against all the brooding method introspection that Burton can muster, Burton envious of Gielgud's bonafides, Gielgud resentful that he's only eking out a career thanks to Burton's charity - in its best moments the animosity between the two men dwarfs everything else on stage - the supporting characters are treated as an afterthought by the increasingly drunk Burton and ever-exasperated Gielgud. Performances are good: Mark Gatiss hits the laugh lines, but isn't afraid to show real pathos, his monologue that closes out act one gives real gravity to one of the most overlooked soliloquies in Hamlet, often dismissed as too self-indulgent (it's the one about acting, if that's not obvious). Johnny Flynn does a note-perfect Burton, but compared to Gatiss feels maybe a touch too impression-y.

It is an interesting piece, certainly - but there are some sticking points that I was left with on my way out - a play about, as Taylor puts it, "A classicist wanting to be modern, and a modern wanting to be a classicist" is a premise for the ages, but 60 years on from Gielgud/Burton/Hamlet on Broadway, it feels like too much of the London theatre scene still views people like Burton as an encroaching force rather than yesterday's innovators - what does it say that Motive has been transplanted from its original home, the gorgeous brutalist Lyttelton Theatre to the luvvie's mainstay, the Noel Coward Theatre?

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## Film Reviews

George Savvides



### FILM OF THE WEEK

#### Priscilla

I first saw Sofia Coppola's brilliant study of a teenage girl's crush on a bigger than life celebrity at last October's London Film Festival. On a second viewing, I still found Cailee Spaeny's magnetic performance as riveting as ever.

The film is based on Priscilla Presley's memoir "Elvis & Me" and begins at an army base in West Germany in 1959. Priscilla Beaulieu is a young schoolgirl living a protected life along with her mother and strict military father, who surprisingly gives her permission to attend a party hosted by the legendary Elvis (Jacob Elordi). He is also in Germany serving his military service and far away from his beloved Graceland. Priscilla can't believe her luck when the celebrated Elvis not only has time to talk to her, but also asks her father's permission to see her again...

The early part of the film is tremendous where the action is seen from the innocent eyes of a young woman before her dreams are seemingly fulfilled when he asks her to marry him. Spaeny is superb as the shy girl who blossoms into a stunning swan, but sadly not everything remains rosy - their volatile marriage forces her to sink deeper into loneliness and isolation. Elordi, fresh from his success in SALT BURN, is believable as Elvis but is not given enough material to shine and has a tough act following last year's Austin Butler's portrayal in ELVIS.

Coppola's sensitive film rates among the best of the year!

#### One Life



Acclaimed television director James Hawes makes his cinema debut with this real-life story of Nicholas Winton (Anthony Hopkins), who - in Schindler fashion - is a man responsible for saving the lives of 669 children from the Nazis. It is now fifty years later and Nicholas is still haunted by those memories when he was a young man (Jonny Flynn) and who with the help with his fearless mother Babette (Helena Bonham Carter) manages to achieve the impossible...

It was premiered at last October's London Film Festival and is altogether a decent movie, if not a little too worthy for its sake. The flashback sequences when a young Winton visits Prague in December 1938 are well-handled with careful production designs. Hopkins is a strong presence in the early eighties scenes but is not given enough material to sink his teeth into, until the final climactic sequence, which is truly moving.

I don't want to give too much away, but this film should also play as a tribute to Esther Rantzen.

#### Scala!!!

Jane Giles and Ali Catterall's hugely enjoyable documentary, which is celebrating London's fav-

ourite cult cinema, was my personal highlight from last October's London Film Festival. Originally the Scala cinema opened its doors in 1978 in Tottenham Street in Fitzrovia and soon became an oasis for art and alternative film lovers. I was a film student at the time and I remember seeing the splendid double bill of Jean Renoir's LA REGLE DU JEU and Louis Bunuel's NAZARIN.



In 1981, a gift from heaven was sent - the Scala moved to King's Cross - just two-minutes' walk from where I live - and it soon became my second home. New prints of films like EAST OF EDEN with James Dean, BUSTOP with Marilyn Monroe, THE GIRL CAN'T HELP IT with Jayne Mansfield, before I discovered early John Waters' bad taste movies with Divine in PINK FLAMINGOES and FEMALE TROUBLE. Ed Wood's trash movies PLAN 5 FROM OUTER SPACE and GLEN OR GLENDA became regular delights to the loyal clientele at this unique venue. One day there was a secret screening of a rare classic and after talking to the ever-so friendly guy at the box office, I guessed to my delight that it was Alfred Hitchcock's VERTIGO. They had often secret screenings but sadly the decision to screen Stanley Kubrick's ACLOCKWORK ORANGE, which was banned at the time, led to the cinema's down-

fall and subsequent closure. There is so much to talk about this brilliant documentary which captures the spirit of the times most magnificently, but it's best if you went and found out yourself!

#### Aquaman And The Lost Kingdom in 3D



This wet sequel has nothing exciting to offer and even the 3D effects feel like an afterthought. Director James Wan brings back the original cast including Amber Heard despite a huge outcry from fans following her court case against Johnny Depp.

Aquaman (Jason Momoa) is still fighting Black Manta (Yahya Abdul-Mateen II) and reluctantly joins forces with his brother Orm (Patrick Wilson), the former king of Atlantis...

There is no point trying to make any sense of the convoluted plot just give in. The award for worst acting goes to Dolph Lundgren as King Nereus - even Nicole Kidman looks embarrassed by the proceedings as Aquaman's mother and fierce warrior Atlanna.

The only positive thing I could say about this misconceived project is that it probably marks the beginning of the end for the superhero movies.

#### Raging Grace



Writer/director Paris Zarcilla tells the story of Joy (Maxine Eigenmann), a Filipino immigrant struggling to make ends meet and provide for her young daughter Grace (Jaeden Boadilla). Even though her status in England is illegal, she accidentally gets the perfect job to look after a wealthy terminally ill old man (David Heyman). Joy and Grace now have a roof over their heads, the handsome fee is paid in cash and life is perfect until they begin to realise that everything is not as it seems...

It is an original premise and Zarcilla's assured feature film debut creates a suitably claustrophobic world, which has echoes of SAINT MAUD. He elicits engaging performances from his actors especially from newcomer Boadilla as the eponymous heroine.

#### Sweet Sue



Leo Leigh has written and directed an original dark comedy which, as the title suggests, follows the story of Sue (Maggie O'Neil), a free spirited middle-aged woman, who begins a sexual relationship with a biker called Ron (Tony Pitts), whom she meets at her brother's funeral. This gives Sue a new lease of life until she meets Ron's flamboyant teenage son Anthony (Harry Trevaldswyn), an influencer or influenZa as I prefer to call this ghastly group of people. They get on very well until Sue sees Anthony rehearsing at home his dance routines for "Electric Destiny"...

It is enjoyable and funny thanks to O'Neil's terrific creation - a woman unafraid to speak her mind in the most unexpected circumstances. Leigh is a talent to watch!

#### My Name Is Alfred Hitchcock



Mark Cousins is the ultimate cinephile and his latest must-see documentary is a love letter to the Master of Suspense and his movies. Hitchcock himself talks beyond the grave - through courtesy of Alistair McGowan's voice - and analyses his films with some details never explored before. It is accompanied by a series of clips

from his early silent films like THE LODGER as well as from his later works like ROBE, REAR WINDOW, FRENZY, and FAMILY PLOT.

It is hugely enjoyable but most importantly it will give you the urge to revisit the work of the most influential filmmaker of all time. A real treat for film aficionados!

#### God's Creatures



Thanks to the current awards season, it was good to finally catch up with this compelling film from first time directors Saela Davis and Anna Rose Holmer. Shane Crowley's character driven screenplay is based on a story he co-wrote with Cronin O'Reilly, which takes place on the coast of Ireland. They tell the story of Aileen O'Hara (Emily Watson), who, like the rest of the small fishing community, works hard at the local fish factory. Life is quiet in this remote village until Aileen's beloved son Brian (Paul Mescal) returns home after a long absence abroad...

Crowley's well-crafted screenplay is full of religious references including the return of the prodigal son, whose unexpected return shakes up the serenity of this small community. The acting is of the highest order - Watson is on tremendous form and so is the ubiquitous Mescal but it is the grace of Aisling Franciosi's dignified presence as the wronged woman that will stay long in the memory. (BF/Player)

#### Femme



This marks the remarkable directorial debut by Sam H. Freeman and Ng Choon Ping, who tell the story of Jules (Nathan Stewart-Jarrett) a free-spirited drag queen whose life takes an unexpected turn after a vicious homophobic attack. A traumatised Jules abandons his life as a performer and six months later he accidentally encounters his attacker Preston (George MacKay) in a gay sauna. Jules is now totally unrecognisable and is presented with the rare opportunity to take revenge on this violent man...

Freeman and Choon first told this story in their award-winning short before they fully developed it into a feature. The performances by both actors are outstanding - a tense, unpredictable thriller that will keep you in suspense till the final credits.

Any feedback is welcome: georgesavvides@hotmail.co.uk

# Π LIFESTYLE

## Samsara's Top Tips on Fitness, Nutrition, Beauty and Lifestyle



Samsara

## New Year love resolution

It is the New year and there always seems to be a New Year's resolution at the ready, but the biggest New Year's resolution should be to love yourself first and then everything else will fall into place, because most of the other things will come under the umbrella of this.

If you want to get fit, lose weight, tone-up, start a dance class, art class or anything else, if you love yourself, you will invest in you, you will make the time to do what you love and enjoy doing for yourself. Learning to love yourself is not easy because many people tend to put the things they love doing to one side because they think of others around them and what they should be doing to please them and keep them happy. This always comes back to haunt us eventually with some resentment, with the 'what would it have been like if I did X, Y or Z' for myself.

It is only one life; we are not

immortal here on earth and we really should do what makes us happy in the here and now, however not so easy when you have family and friends that may require your regular attention, care and assistance. Of course, there is a fine balance as we try to be so respectful of others, almost selfless at times in catering to their needs and requirements and then almost forgetting our own and pushing our wants and desires to one side. Find the time for helping others but also make sure it is a mutually convenient time so it is done with good heart.

Being selfless is not always so good for us as we may sacrifice things that are important for us to function happily and efficiently. How often do we see people running around so much after others, be it family or friends, and then being so exhausted with it all that eventually their own health suffers due to lack of sleep. A helping hand of babysitting or

stepping in to assist another and taking care of someone else's regular duty routine tasks, even for a short period of time, can just alleviate them from all the hard work, lightening that heavy load, allowing a little rest and recreation to recharge and gain strength again to continue with vigour and vitality and cope with all.

Find an equilibrium where you care for others, but also take time to care for yourself; taking good care of yourself is not being selfish, where you don't think or care of anyone else but yourself, it is about putting yourself first in order that you are recharged, happy and have the energy where you can give your best to take even better care of others that you love.

Stay away from those that disrupt your harmony, are so selfish that there is no give and take, where they only think of themselves and what suits them for



their own personal gain. Instead spend time with others that are humble, kind and happy to help others as well as being kind to themselves.

Find things you love to do for you, ask for assistance, respite from some things if needed, offer the same for others to give each

other the time to do things necessary for personal growth and wellbeing. So, whatever it is that you want to do, find a way to do it, whether it is a gym class, a course of study to further progress a career or something for just pure creative leisure.

Your health is your wealth!

Do what you love that is good for you and have no regrets.

Love and Sparkles,  
*Samsara x*

[www.samsarabellydancer.co.uk](http://www.samsarabellydancer.co.uk)  
Facebook: Samsara Kyriakou

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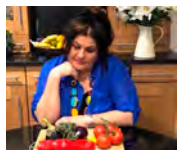
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## Cooking with Loulla Astin

### Loukoumathes / Λουκουμάδες



These fried dough balls are traditionally offered on Epiphany 6 January to the Kalikantzarous, naughty goblin-like mythical creatures who disturb the 12 days of Christmas festivities. They leave from earth on the morning of Epiphany and go back into the ground, so it's wise to throw some sweet goodies on the roof of the house to keep them happy, hoping they will not disturb us till next year!

#### Ingredients (makes 55/60):

- For the dough:*
- 500g (1 lb) bread-strong flour
  - x2 7g sachets of easy-blend dried yeast
  - 2 tsp sugar
  - 1 tsp salt
  - 570ml (1 pint) juice from boiled potatoes + lukewarm water
  - 1 tbsp vinegar
  - 4 tbsp cornflour or 2 potatoes, boiled, drained (keep the water) and mashed (optional)
  - 1 tsp ground mastic gum

- For deep frying:*
- Corn, sunflower or peanut oil
  - Ground cinnamon for dusting
  - Honey syrup
  - 2 cups water
  - 1 cup sugar
  - 125 ml clear honey, warm
  - Juice of ½ lemon
  - 2 tbsp rosewater

#### Method:

Make the syrup first by placing



sugar and water in a saucepan, bring to the boil until sugar dissolves, then add the honey and lemon juice and simmer for five minutes. Remove from the heat, add rosewater and cool.

Put the warm water and potato water in a large bowl with the yeast, sugar, salt, vinegar, flour, cornflower or potato powder and mastic gum (if using) in a large bowl and whisk until smooth and elastic. It should be stretchy when lifted but not too runny. Cover with a damp towel and let it rest for 1-2 hours until doubled in size or until bubbles appear.

Fill a saucepan or a wok one-third full of oil and heat to 100° - test with the thermometer or until hot, but not smoking.

Have a cup of cold water ready where you can wet a teaspoon and the fingers of your hand between frying, to keep the dough from sticking. Get some dough in the palm of your hand, making a fist, squeeze out the dough from your hand, thumb and index finger and

drop the balls in the fryer! Alternatively, when oil is hot, dip the teaspoon in cold water or oil, take a full teaspoon of dough and carefully push the dough with wet fingers into the hot oil, not too high, or use two teaspoons to do this. Put approximately 10 balls at a time, on a medium heat, each one will puff up and rise to the surface, flip them over as they cook until crisp and golden all over and then remove with a slotted spoon.

Place them into the cold syrup for a minute or two (do not leave them in the syrup for too long as they become soggy), remove with a slotted spoon and place on a plate sprinkled with ground cinnamon. Serve immediately; 5-6 for each person on small plates with a glass of iced water.

*NB: Some like to fry the dough balls twice to make them more crunchy!*

**Follow Loulla on Facebook:**  
[www.facebook.com/groups/1250641761674966](https://www.facebook.com/groups/1250641761674966)

DEATH ANNOUNCEMENT - FUNERAL

ΑΓΓΕΛΙΑ ΘΑΝΑΤΟΥ - ΚΗΔΕΙΑ

# Michael Evangelou Michael

(From Sychari Kerinias, Cyprus)

It is with great sadness that we announce the death of our beloved husband, father, grandfather, great-grandfather and brother Michael Evangelou, who passed away peacefully at home, on the **27 December 2023**, at the age of 80.

The late Michael grew up in Larnaca and came to London at the age of 17. He leaves behind his wife **Panayiota**, his 3 children **Irene, Cliff and Helen**, 7 grandchildren and 5 great grandchildren.

The funeral service will take place on **Thursday 11 January 2024 at 12.30pm**, at **St Mary's Church**, Trinity Road, N22 8LB. The burial will take place at **2pm**, at **The New Southgate Cemetery**, Brunswick Park Road, N11 1JJ. The wake will be held at the cemetery.

In lieu of flowers, a donation box will be available at the church. Donations will be given to the **North London Hospice**.

He will be remembered for his integrity, humility and kindness.

*"May his memory be eternal"*

For further information, please call 07984962324.



21/02/1943 - 27/12/2023

# Μιχαήλ Ευαγγέλου Μιχαήλ

(από το Συγχαρί Κερύνειας, Κύπρος)

Μετά βαθύτατου θλίψεως αγγελλομεν το θάνατο του πολυαγαπημένου μας συζύγου, πατέρα, παππού προπάππου και αδελφού Μιχάλη Ευάγγελου, που έφυγε ειρηνικά από τη ζωή στο σπίτι του, σε ηλικία 80 ετών.

Ο μακαριστός Μιχάλης μεγάλωσε στην Λάρνακα και μετανάστευσε στην Αγγλία σε ηλικία 17 ετών. Στην Αγγλία ασχολήθηκε με την ζαχαροπλαστική τέχνη για πολλά χρόνια. Διακρίθηκε για την εργατικότητα του, την αφοσίωση στην οικογένεια του, την καλοσύνη και την ακεραιότητα του.

Αφήνει πίσω τη σύζυγό του **Παναγιώτα**, τα παιδιά του **Ειρήνη, Κλείτο και Ελένη**, επτά εγγόνια και πέντε δισέγγονα.

Η κηδεία του θα τελεσθεί την **Πέμπτη 11 Ιανουαρίου 2024**, στις **12.30μ.μ.** από την **Ελληνική Ορθόδοξη Εκκλησία της Παναγίας**, Trinity Road, N22 8LB. Η ταφή θα γίνει στο **κοιμητήριο του New Southgate**, Brunswick Park Road, N11 1JJ, στις **2 μμ.** Η παρηγοριά θα δοθεί στο κοιμητήριο.

Αντί για άνθη, η οικογένεια παρακαλεί να δοθούν εισφορές σε κουτί που θα υπάρχει στην εκκλησία για ενίσχυση του **North London Hospice**.

*«Αιώνια του η μνήμη.  
Καλό ταξίδι παππού»*

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† DEATH ANNOUNCEMENT - FUNERAL

**Kyriacos Pambacas**

(From Dimes, Limassol, Cyprus)

It is with great sadness that we announce the death of our beloved father, brother, grandfather, great grandfather, father-in-law and uncle Kyriacos Pambacas who died peacefully in his sleep at home on **Wednesday 13th December 2023** at the age of 89.

He leaves behind his daughter, 2 sons, daughter-in-law, grandchildren, great grandchildren & many broken hearted relatives. He will now be reunited with his beloved wife **Ellatha** who passed away in May 2015.

The funeral will take place on **Thursday 11th January 2024** at the **Greek Orthodox Church of St. Demetrios**, Edmonton, Town Road / Logan Road, London N9 0LP, at **12 noon** and the burial will follow at **Edmonton Cemetery**, Church Street, London N9 9HP at **2pm**. The wake will be held at the **cemetery**.

Floral tributes can be sent to Demetriou & English 131-133 Myddleton Road, N22 8NG by 9am, on 11/1/2024.



25/01/1934 - 13/12/2023

† ΑΓΓΕΛΙΑ ΘΑΝΑΤΟΥ - ΚΗΔΕΙΑ

**Κυριάκος Παμπακάς**

(από τις Δύμες, Κύπρος)

Με μεγάλη μας λύπη ανακοινώνουμε τον θάνατο του αγαπημένου μας πατέρα, αδελφού, παππού, προπάππου, πεθερού και θείου Κυριάκου Παμπακά που απεβίωσε στον ύπνο του στο σπίτι του στις 13 Δεκεμβρίου σε ηλικία 89 ετών.

Καταλείπει την κόρη του, 2 γιους, νύφη, εγγόνια, δισέγγονα & πολλούς συγγενείς. Τώρα θα επανενωθεί με την αγαπημένη του σύζυγο Ελλάδα που έφυγε από τη ζωή τον Μάιο του 2015.

Η κηδεία του θα γίνει την **Πέμπτη 11 Ιανουαρίου** από τον **ιερό ναό Αγίου Δημητρίου**, Edmonton, Town Road / Logan Road, London N9 0LP, στις **12 το μεσημέρι** και θα ακολουθήσει η ταφή στο **κοιμητήριο Edmonton**, Church Street, London N9 9HP στις **2:00μ.μ.**, η παρηγοριά θα γίνει στο **κοιμητήριο**.

Λουλούδια μπορούν να σταλούν στο Demetriou & English 131-133, Myddleton Road, N22 8NG, έως τις 9 π.μ., στις 1/1/2024.

† 3-MONTHS MEMORIAL

**George Socratous Georgiou**

(from 'Shia' of Nicosia, Cyprus)

We would like to announce the 3 months memorial for our beloved George Georgiou who passed away on **Thursday 5th October 2023**.

The memorial service will take place on **Sunday 7th January 2024** at **St. Mary's Church**, Wood Green, Trinity Road, London N22 8LB.

Please join us after the liturgy service at **St. Barnabas church hall**, Finsbury Road, London, N22 8PA (around the corner) where we will be serving a buffet in memory of our beloved George.

From the family



02/02/1959 - 05/10/2023

† 3-ΜΗΝΟ ΜΝΗΜΟΣΥΝΟ

**Γιώργος Σωκράτους Γεωργίου**

(από τη Σιά Λευκωσίας, Κύπρος)

Ανακοινώνουμε το 3-μηνο μνημόσυνο του αγαπημένου μας Γιώργου Σωκράτους Γεωργίου, ο οποίος απεβίωσε την **Πέμπτη 5 Οκτωβρίου 2023**.

Το μνημόσυνο θα πραγματοποιηθεί την **Κυριακή 7 Ιανουαρίου** στην **εκκλησία της Παναγίας**, Wood Green, Trinity Road, London, N22 8LB.

Μετά τη λειτουργία σας προσκαλούμε να ανταμώσουμε όλοι **στην αίθουσα εκδηλώσεων της εκκλησίας του Αγίου Βαρνάβα**, Finsbury Road, London, N22 8PA (στη γωνία) όπου θα σερβίρουμε μπουφέ, τιμώντας τη μνήμη του αγαπημένου μας Γιώργου.

Εκ της οικογένειας

† DEATH ANNOUNCEMENT - FUNERAL

**Antonis (Tony) Georgiou Skoullas**

(From Lapathos, Cyprus)

It is with great sadness that we announce the death of our beloved husband, dad, papou, brother, brother-in-law, uncle, cousin and friend to many. Our one and only dad passed away peacefully at home surrounded by devoted family.

He leaves behind his loving wife **Androulla**, daughter **Fotini**, son **Bambos**, daughter-in-law **Philippa**, granddaughters **Arianna & Antonia**, brother **Sotiris** sister-in-law **Maria**, and many relatives and friends.

The funeral will take place on **Friday 12 January 2024**, at **12:00 noon** at **St Nicholas Church**, 102 Bernard Street, Southampton, SO14 3EH. Tony will be laid to rest at **Lyndhurst Cemetery**, Beaulieu Road, Lyndhurst, SO43 7BT and there will be refreshments and an opportunity to share our memories from **15:45** at the **Four Horseshoes Pub**, Nursling Street, Nursling, Southampton, SO16 0AJ.



24/10/1939 - 29/12/2023

† ΑΓΓΕΛΙΑ ΘΑΝΑΤΟΥ - ΚΗΔΕΙΑ

**Αντώνης (Τόνυ) Γεωργίου Σκούλλας**

(από Λάπαθος, Κύπρος)

Με μεγάλη θλίψη ανακοινώνουμε σε πολλούς τον θάνατο του αγαπημένου μας συζύγου, μπαμπά, παππού, αδελφού, κουνιάδου, θείου, ξαδέλφου και φίλου μας. Ο ένας και μοναδικός μπαμπάς μας απεβίωσε ειρηνικά στο σπίτι του περιτριγυρισμένος από την αγαπημένη του οικογένεια.

Καταλείπει την αγαπημένη του σύζυγο **Ανδρούλλα**, την κόρη του **Φωτεινή**, τον γιο του **Πάμπο**, τη νύφη του **Φιλίππα**, τις εγγονές του **Αριάννα** και **Αντωνία**, τον αδελφό του **Σωτήρη**, την κουνιάδα του **Μαρία** και πολλούς συγγενείς και φίλους.

Η κηδεία του θα γίνει την **Παρασκευή 12 Ιανουαρίου 2024**, στις **12:00 το μεσημέρι** από την **Ελληνορθόδοξη Κοινότητα Αγίου Νικολάου**, 102 Bernard Street, Southampton, SO14 3EH. Ο Τόνυς θα κηδεύεται στο **Lyndhurst Cemetery**, Beaulieu Road, Lyndhurst, SO43 7BT. Θα υπάρχουν αναμνηστικά και εδέσματα με μια ευκαιρία να μοιραστούν τις αναμνήσεις μας από τη ζωή του, στις **15:45** στο **Four Horseshoes Pub**, Nursling Street, Nursling, Southampton, SO16 0AJ.

**Έφυγε από τη ζωή ο τραγουδιστής Βασίλης Καρράς**

Σε ηλικία 70 ετών έφυγε από τη ζωή ο τραγουδιστής Βασίλης Καρράς.

Ο αγαπημένος τραγουδιστής ο οποίος έφυγε από τη ζωή το απόγευμα της Κυριακής (24/12), άφησε την τελευταία του πνοή στις 17.00 το απόγευμα από ανακοπή.

Ο αείμνηστος Βασίλης Καρράς ταλαιπωρούνταν με τα σοβαρά προβλήματα υγείας του αρκετούς μήνες. Ωστόσο, στις περιόδους που ένιωθε καλύτερα δεν έπαυε στιγμή να νιώθει κοντά στο τραγούδι, που τόσο αγαπούσε. Ο τραγουδιστής αντιμετώπιζε προβλήματα υγείας το τελευταίο διάστημα, ενώ τις τελευταίες ημέρες της ζωής του νοση-

λευόταν με κορονοϊό στην εντατική.

Ο Βασίλης Καρράς γεννήθηκε στο Κοκκινοχώρι Καβάλας, ενώ σε ηλικία 10 χρόνων πήγε με την οικογένειά του στη Θεσσαλονίκη.

Το 1969, σε ηλικία 16 χρονών, έκανε την πρώτη του μουσική εμφάνιση στο νυχτερινό κέντρο «Πρόσφυγας» στον Εύοσμο Θεσσαλονίκης. Παράλληλα, εργαζόταν ως μηχανικός αυτοκινήτων, τη δεύτερη μεγάλη του αγάπη μετά το τραγούδι. Επίσης, είχε εργαστεί στο μηχανοστάσιο του ΟΣΕ στη Θεσσαλονίκη, γεγονός που αποτυπώνεται στο τραγούδι του «Εγώ

αγάπη μου, εγώ». Αρχισε την επαγγελματική του καριέρα στη Θεσσαλονίκη. Οι δίσκοι έχουν γίνει χρυσοί και πλατινένιοι, ενώ η μεγαλύτερη εμπορική του επιτυχία ήταν ο δίσκος Μ' έχεις Κάνει Αλήτη, που σημείωσε πωλήσεις πάνω από 180.000 αντίτυπα, σε στίχους και μουσική του Μιχάλη Ρακιντζή.

Είχε συνεργαστεί με συνθέτες και στιχουργούς, όπως ο Δημήτρης Ρακιντζής Φοίβος, ο Γιώργος Θεοφάνους, ο Αλέκος Χρυσοβέργης και ο Σπύρος Γιατράς, η Εύη Δρούτσα, ο Πάνος Φαλάρας, ο Χρήστος Δάντης, ο Κυριάκος Παπαδόπουλος και ο Ηλίας Φιλίππου, ο Μιχάλης

Χατζηγιάννης, ο Χρήστος Νικολόπουλος και πολλοί άλλοι. Είχε κάνει ντουέτα με πολλούς τραγουδιστές όπως η Μαριάνθη Κεφάλαια, οι Πυξ Λαξ, η Κωνσταντίνα, η Αντζελα Δημητρίου, ο Τόλης Βοσκόπουλος, ο Νίκος Ζωιδάκης, η Καίτη Γαρμπή, η Δέσποινα Βανδή, η Έλλη Κοκκίνου, η Ειρήνη Μερκούρη, η Πάολα, ο Παντελής Παντελίδης καθώς και με τον Γιώργο Κακοσαίο. Με τους περισσότερους από αυτούς είχε συνεργαστεί σε ζωντανά προγράμματα. Επίσης, ήταν συνθέτης και στιχουργός και είχε γράψει τραγούδια για πολλούς τραγουδιστές του ελληνικού τραγουδιού.

† 3rd YEAR MEMORIAL

# Sotira (Sindy) Constantinou

07/08/1953 - 12/01/2021



*A stunning smile, so pure and sweet  
Spreading it to all you meet*

*Your love instilled within our lives  
Giving us the utmost strength to strive*

*Your beauty and presence that lit up a room  
You were a stunning flower, constantly in bloom*

*Forever giving, a penny never spared  
Your generosity showed you always, always cared*

*You're our wife, mum, yiayia, sister and aunt  
Imagining a world without you - well, still we can't*

*You'll forever be alive, so we'll never have to part  
God has you in his keeping, forever in our heart*

The 3rd year memorial service of our beloved wife, mother and yiayia Sotira (Sindy) Constantinou will take place on **Sunday 7<sup>th</sup> January 2024**, at the **New Southgate Cemetery**, Brunswick Park Road, New Southgate N11 1JJ, at **13:30** and we invite anyone who honours her memory to attend.

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Τελούμε την **Κυριακή 7 Ιανουαρίου 2024**, το 3ο ετήσιο μνημόσυνο της αγαπημένης μας συζύγου, μητέρας και γιαγιάς Σωτήρας (Σίντυ) Κωνσταντίνου στο **κοιμητήριο του New Southgate**, Brunswick Park Road, New Southgate, N11 1JJ, στις **13:30** και καλούμε όλους όσους τιμούν την μνήμη της όπως παραβρεθούν.

† DEATH ANNOUNCEMENT - FUNERAL

**Singlitiki Zacharia***(From Pano Pyrgos, Cyprus)*

It is with great sadness and a heavy heart that we announce the death of our beloved mother, grandmother, sister and aunty who passed away, on **Thursday 21st December 2023**, at the age of 86.

She leaves behind her 2 children **Chris** and **Niki**, 7 grandchildren, 2 brothers, 1 sister and many relatives and friends.

Singlitiki was young when she came from Cyprus to the UK. She was very hardworking but at the same time a proud mum, loving grandmother and caring person, who will be deeply missed. **RIP.**  
*"May her memory be eternal"*

The funeral will take place on **Tuesday 9th January 2024**, at **12 noon**, at **St Panteleimon Greek Orthodox Church**, Kenton Road, Harrow, HA3 9QN. The burial will follow at **Hendon Cemetery**, Holders Hill Road NW7 1NB. The wake will be held at **St Panteleimon church hall**. If anyone is ordering flowers, please send to Demetriou and English, 131-133 Myddleton Rd, London N22 8NG.



26/04/1937 – 21/12/2023

† ΑΓΓΕΛΙΑ ΘΑΝΑΤΟΥ - ΚΗΔΕΙΑ

**Σινγκλητική Ζαχαρία***(από τον Πάνω Πύργο, Κύπρος)*

Με μεγάλη θλίψη και βαριά καρδιά ανακοινώνουμε τον θάνατο της αγαπημένης μας μητέρας, γιαγιάς, αδελφής και θείας που έφυγε από τη ζωή στις **21 Δεκεμβρίου 2023**, σε ηλικία 86 ετών.

Καταλείπει τα 2 παιδιά της **Κρις** και **Νίκη**, 7 εγγόνια, 3 αδέρφια και πολλούς συγγενείς και φίλους.

Η Σινγκλητική ήταν μικρή όταν ήρθε από την Κύπρο στο Ηνωμένο Βασίλειο. Ήταν πολύ εργατική αλλά ταυτόχρονα περήφανη μητέρα, αγαπημένη γιαγιά και στοργικός άνθρωπος και θα μας λείπει πολύ.  
*«Αιώνια της η μνήμη»*

Η κηδεία της θα γίνει την **Τρίτη 9 Ιανουαρίου 2024, 12.00 το μεσημέρι** από τον ιερό ναό του Αγίου Παντελεήμονα, Kenton Road, Harrow, HA3 9QN. Η ταφή θα ακολουθήσει στο **κοιμητήριο του Hendon**, Holders Hill Road NW7 1NB. Η παρηγοριά θα δοθεί στην **αίθουσα δεξιώσεων του Αγίου Παντελεήμονα**. Λουλούδια θα μπορούν να σταλούν στο Demetriou and English, 131-133 Myddleton Rd, London N22 8NG.

† DEATH ANNOUNCEMENT - FUNERAL

**Petros Andreou***(from Marathovounos, Cyprus)*

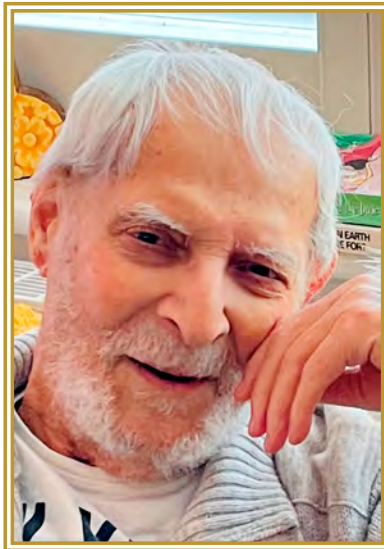
It is with heavy hearts that we announce the passing of a truly extraordinary man, our father, grandfather great grandfather & brother Petros Andreou (former driving instructor) who passed away on **18th December 2023**.

He leaves behind his children **Andrew & Efi**, his grandchildren **PJ, Costa, Matthew, Alex & Zoe** and his great grandchildren **Alfie, Finley & Harley**.

The funeral will be held on **Monday 15th January 2024**, at **1.30pm**, at **St. Demetrios Greek Orthodox Church**, Edmonton, N9 0LP and then to the Jolly Farmers, 2 Enfield Road, EN2 7QS.

If anyone would like to make a donation to the wonderful **Farleigh Hospice** who helped so much in our dad's last few weeks, instead of flowers, it would be greatly appreciated. There will also be a donation box at the church. Thank you.

<https://petrosandreou.muchloved.com>  
The family requests no flowers.

*"Rest in eternal peace dad. We love you"*

04/07/1936 – 18/12/2023

† ΚΗΔΕΙΑ

**Ανδρέας Γρηγορίου***(από τον Άγιο Θεόδωρο Καρπασίας, Κύπρος)*

Η κηδεία του αδέχαστου μας αδελφού Ανδρέα Γρηγορίου της οικογένειας Γρηγόρη Κουτσόφτα από τις Μάνδρες επαρχίας Αμμοχώστου και Λουκάς Γρηγορίου Κουτσόφτας από τον Άγιο Θεόδωρο Καρπασίας, που απεβίωσε στις 7 Δεκεμβρίου, θα γίνει την **Τετάρτη 10 Ιανουαρίου**, στις **12.00 το μεσημέρι** από την **εκκλησία της Παναγίας** στο Wood Green, 21 Trinity Rd, London N22 8LB. Θα ακολουθήσει η ταφή στις **2μ.μ** στο **Trent Park Cemetery**, Cockfosters Rd, Barnet EN4 0DZ.

Μετά την κηδεία θα δοθεί παρηγοριά στο **Pavilion at Trent Park Southgate Hockey Centre**, Trent Park, Snakes Lanes, London EN4 0PS.

Τα αδέρφια του Γιώργος Γρηγορίου (Κοκής) και Ηλίας Γρηγορίου οικογενειακάς, ξαδέλφια και συγγενείς. Αντί στεφάνων παρακαλούμε να γίνονται εισφορές σε κουτί που θα βρίσκεται στην εκκλησία για το **British Heart Foundation**.

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† DEATH ANNOUNCEMENT - FUNERAL

# Androulla Philippou

(From Ayios Dometios, Nicosia)



19/03/1938 – 22/12/2023

It's with heavy hearts and great sadness that we announce the loss of our beloved Mother, Grandmother and Great-Grandmother who passed away peacefully on the **22nd December**, surrounded by her children.

She leaves behind her children **Helen, Soulla, Philip, George & Tony**. daughters in law **Sophie, Fanoulla and Olga**, along with 15 grandchildren & 27 great grandchildren

The funeral will take place on **Friday 12th January 2024 at 12.00pm**, at **St Mary's Church**, Trinity Road, Wood Green, N22 8LB, followed by the burial at New Southgate cemetery, Brunswick Road, London N11 1EZ.

The wake will be at **Ariana Hall**, North London Business Park, N11 1GN. (opposite Southgate cemetery)  
All are welcome to celebrate our Mother's life.

For those who wish, in place of flowers, a donation box in aid of **Cancer Research** will be available at the church

*"Let her memory be eternal."*

Με βαριά καρδιά και μεγάλη θλίψη ανακοινώνουμε τον θάνατο της πολυαγαπημένης μας μητέρας, γιαγιάς και προγιαγιάς που έφυγε από τη ζωή ειρηνικά στις **22 Δεκεμβρίου**, περιστοιχισμένη από τα παιδιά της.

Καταλείπει τα παιδιά της **Ελένη, Σούλλα, Φίλιππο, Γιώργο και Τόνυ**, τις νύφες της **Σόφη, Φανούλλα και Όλγα**, 15 εγγόνια και 27 δισέγγονα.

Η κηδεία θα γίνει την **Παρασκευή 12 Ιανουαρίου 2024**, στις **12.00 μ.μ.** από την **Ελληνική Ορθόδοξη Εκκλησία της Παναγίας**, Trinity Road, Wood Green, N22 8LB, θα ακολουθήσει η ταφή στο **κοιμητήριο του New Southgate**, Brunswick Road, London N11 1EZ.

Η παρηγοριά θα δοθεί στο **Ariana Hall**, North London Business Park, N11 1GN. (απέναντι από το κοιμητήριο του Southgate)  
Είναι όλοι ευπρόσδεκτοι να γιορτάσουμε τη ζωή της μητέρας μας.

Για όσους επιθυμούν, αντί για λουλούδια, θα διατίθεται στην εκκλησία, κουτί εισφορών για την ενίσχυση του **Cancer Research**.

*«Αιωνία της η μνήμη»*

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